

# Menu

Week commencing

## MONDAY

Breaktime:	Fresh Carrot sticks	(V)	Milk	(G)
Lunchtime:	Lamb Goulash with potato and parsnip mash	(A, I.)		
	Natural yoghurt with fruit medley	(V, G.)	Water	
Teatime:	Croissants and jam	(V,A,C,G)		
	Chocolate and mint sponge cake	(V, A, C, G.)		
Toddler tea:	Croissants and jam	(V,A,C,G)	Milk	(G)
	Chocolate and mint sponge cake	(V, A, C, G.)		
Baby Tea:	Puréd ham and fresh vegetables	(A, F.)		
	Natural yoghurt with fruit medley	(G, V.)		

## TUESDAY

Breaktime:	Sliced fresh pears	(V)	Milk	(G)
Lunchtime:	Mild spiced fruits of the sea with rice	(A, G, D.)		
	Eve's pudding & custard	(V, A, C, G.)	Water	
Teatime:	Homemade fresh vegetable soup and roll	(V, A, F, G, I.)		
	Banana	(V)		
Toddler Tea:	Homemade vegetable soup and roll	(V, A, F, G, I.)	Milk	(G)
	Banana	(V)		
Baby Tea:	Homemade vegetable soup and bread soldiers	(V, A, F, G, I.)		
	Mashed banana	(V)		

## WEDNESDAY

Breaktime:	Fresh grapes	(V)	Milk	(G)
Lunchtime:	Braised sausage and vegetables.	(A, I.)		
	Mint choc chip cookie and cream	(V, A, G.)	Water	
Teatime:	Spaghetti hoops and crutons	(V, A, F.)		
	Homemade flapjacks	(V, L.)		
Toddler Tea:	Spaghetti hoops and crutons	(V, A, F.)	Fruit juice	(V)
	Homemade flapjacks	(V, L.)		
Baby Tea:	Tomato and basil pasta	(V, A)		
	Fruit jelly			

## THURSDAY

Breaktime:	Breadsticks and celery	(V, I, A)	Milk	(G)
Lunchtime:	Cheese and potato pie with baked beans	(G, V, I)		
	Bakewell tart and custard	(V, C, A, G)	Water	
Teatime:	Toasted crumpets	(V, A)		
	Homemade shortbread	(V, A)	Milk	(G)
Toddler Tea:	Toasted crumpets	(V, A)		
	Homemade shortbread	(V, A)		
Baby Tea:	Purée vegetables	(V, G)		
	Rice cakes	(V)		

## FRIDAY

Breaktime:	Fresh Melon cubes	(V)	Fruit juice	(V)
Lunchtime:	Fish and vegetable crumble	(D, A, G, I)		
	Rice pudding	(V, G)	Water	
Teatime:	Ham sandwiches	(A, F)		
	Sliced pineapple	(V)		
Toddler Tea:	Ham sandwiches	(A, F)	Milk	(G)
	Sliced pineapple	(V)		
Baby Tea:	Spaghetti hoops and crutons	(V, A, F)		
	Fromage frais	(V, G)		